

HEIDI SIERRA WEST

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EDUCATION

- PhD University of California, Los Angeles** 2023 (expected)
Fielding School of Public Health, Health Policy & Management
College of Social Sciences, Sociology (minor)
- MA American University, Washington, DC** 2009
School of International Service, Ethics Peace and Global Affairs
Thesis: *Care ethics and human rights: frameworks for negotiating identity, migration and conflict*
- BA University of California, Berkeley, BA** 2003
College of Letters and Sciences, Political Science
- Cert. Drexel University, Philadelphia, PA** 2013
Dornsife School of Public Health, Global Health

ACADEMIC EXPERIENCE

- University of California, Los Angeles, CA**
Teaching Assistant, *Health Policy and Management, Evaluation Methods* 2020 - present
Graduate Research Assistant, *Community Health Sciences* 2020 - present
- Global Environmental Health LAB, Myanmar; Indonesia**
Research Scholar, *Lead household survey (N=997), environmental testing research workshops, training seminars* 2016 - present
- Drexel University, Philadelphia, PA**
Adjunct Faculty, *College of Arts & Sciences* 2009 - 2011
Global Health Field Practicum Leader, *Dornsife School of Public Health* 2013
Faculty/Staff Advisor, *Office of International Programs* 2011 - 2015
- American University, Washington, DC**
Teaching Assistant, *School of International Service, Human Rights Institute* 2008 - 2010

PUBLICATIONS

Peer-Reviewed

Milkowska-Shibata MA, Aye TT, Yi SM, Oo KT, Khaing K, Than M, Win T, Myo SY, Toe SY, **West HS**, Ringstad KM. Understanding Barriers and Facilitators of Maternal Health Care Utilization in Central Myanmar. *International Journal of Environmental Research and Public Health*. 2020 Jan;17(5):1464.

Risbud, A., Amma, A., Sultan, I., Hamdani, M., Handayani, M., Padauleng, A.W., Shabir, A.M., Hasyim, H., Wadi, A., Maidin, A., Sarkar, A., **West, H.S.**, Meng, C., Shibata, T. (2020). Knowledge of head and neck cancer and smoking behavior in a high-risk population in Indonesia. *The Southeast Journal of Tropical Medicine and Public Health*, 51 (6), in press

Shibata T, Meng C, Umoren J, **West H**. Risk assessment of arsenic in rice cereal and other dietary sources for infants and toddlers in the U.S. *International Journal of Environmental Research and Public Health*. 2016;13(4):361

Keralis J, Riggan-Pathak B, Majeski T, Pathak B, Foggia J, Cullinen M, Rajagopal A, **West H**. Mapping the global health employment market: an analysis of global health jobs. *BMC Public Health*.2018;18:293

Non-Peer Reviewed

Maver D, **West H**. International Ethical Leadership: The Power of Diversity in Ethics. *International Journal of Ethical Leadership*. 2012;1(1):96

CONFERENCE PRESENTATIONS (selected)

West H, Lawton, A, Hossain S, Mustafa G, Razzaque A, Kuhn R. *Essential to whom? Measuring the wellbeing of temporary foreign workers and their families during the coronavirus pandemic*. (Poster) Population Association of America, St. Louis, MO (Forthcoming- 2021)

West H., *Healthcare utilization, expenditures and outcomes for families "left behind." a cross-country analysis of the effects of migration on sending communities*. (Poster) American Public Health Association, San Francisco, CA* (2020)

West H, Robbins M, Moucheraud C, Razzaque A, Kuhn R. *Are wives of migrants in rural Bangladesh really "Left Behind"? A nuanced analysis of how spousal migration affects healthcare utilization*. Health Systems Global HSR2020, Dubai, UAE* (2020)

West H. *Food Security Vulnerability: Immigrant Families and Public Charge*. (Poster) Academy Health, Boston, MA* (2020)

West H, Robbins M, Moucheraud C, Razzaque A, Kuhn R. "Are wives of migrants in rural Bangladesh really "Left Behind"? A nuanced analysis of how spousal migration affects women's healthcare utilization." *Health Services Research* 55 (2020): 64-64. (special abstract issue: Academy Health, Boston, MA*)

West H, Robbins M, Moucheraud C, Razzaque A, Kuhn R. *Are wives of migrants in rural Bangladesh really "Left Behind"? A nuanced analysis of how spousal migration affects women's health*. Population Association of America, Washington, DC* (2020)**

West H, Aye TT, Yi SM, Oo KT, Lwin M, Khaing K, Than M, Win T, Myo SY, Toe SY, Ringstad K, Milkowska M, Galarza L, Shibata T. *Labor Migration and Social Determinants of Health in Myanmar*. American Public Health Association, Atlanta, GA (2017)

Milkowska M , Aye TT, Yi SM, Oo KT, Lwin M, Khaing K, Than M, Win T, Myo SY, Toe SY, **West H**, Ringstad K, Galarza L, Shibata T. *Evaluating Factors Associated with Maternal Health in Myanmar: Towards the New Development Agenda*. American Public Health Association, Atlanta, GA (2017)

Majeski, T., Riggin-Pathak, B. L., Cullinen, K., Foggia, J., Rajagopal, A., Sur, S., **West, H.**, and Keralis, J. M. *Global Health Jobs Analysis Project: Insights and trends in global health preparedness from a thematic analysis of the global health job market*. American Public Health Association, Atlanta, GA (2017)

Ringstad K, San CC, Than M, Win T, Oo K, Khaing K, Aye T, Than A, Sein H, Cho K, Aye H, **West H**, Milkowska M, Galarza L, Bell S, Shibata T. *The Occupational Health and Safety of First Responders and Health Care Professionals in Magway, Myanmar*. WADEM Congress on Disaster and Emergency Medicine (Published in: Prehospital and Disaster Medicine), Toronto, Canada (2017)

Ringstad K, San CC, Than M, Win T, Oo K, Khaing K, Aye T, Than A, Sein H, Cho K, Aye H, **West H**, Milkowska M, Galarza L, Bell S, Shibata T. *Understanding the Psychological Impacts of Disasters on First Responders and Health Care Professionals in Magway, Myanmar*. WADEM Congress on Disaster and Emergency Medicine (Published in: Prehospital and Disaster Medicine), Toronto, Canada (2017).

West H, Shibata T. *Collaborative research partnerships for public health capacity building in the US, Indonesia, and Myanmar: Connecting academic, community, and non-profit professionals*. American Public Health Association, Denver, CO (2016)

*In-person participation impacted by COVID-19,

**Also presented at: Knowledge Power and Social Change: Conference Honouring Simeen Mahmud, Dhaka, Bangladesh (2020), Annual Graduate Student Conference on South Asia, CA (2020)

Heidi S. West

West H, Oo KT, Htote B, Than M, Win T, San CC, Aye TT, Oo YY, Moe AK, Minn MZ, Win T, Oo KM, Milkowska M, Galarza L, Ringstad K, Shibata T. *Global Health Practice: Interdisciplinary teams and cross-sector collaboration for research and capacity-building in Myanmar* (Poster). Midwestern Universities for Global Health Meeting. Chicago, IL. (2016)

West H. *Context, caring and connection: relational ethics and tools for empowering newly arrived refugees* (Poster). American Public Health Association, Chicago, IL (2015)

Ascarelli D, **West H**, Conger A. *Leadership in faculty and student driven international experiences: Strategies for building institutional capacity and cross-campus collaboration*. Association of International Education Administrators, Washington, DC (2015)

Rowand R, **West H**. *Innovative international initiatives in higher education*. NAFSA, Williamsburg, VA (2014)

West H, Mostov J. *Collaborative research centers: Platforms for addressing global challenges and re-aligning the mission of higher education*. Association of International Education Administrators, New Orleans, LA (2013)

West H, Vandenbroucke, R. *International Day of Peace*. Peace and Justice Studies Association, Boston, MA (2012)

West H, Mostov J. *Soft Borders: Rethinking our framework for border management*. Regional Security Conference on Border Management Policies in the Horn of Africa, Djibouti (2012)

West H. *Conflict resolution and relationships: managing refugees needs and expectations*. US Committee for Refugees and Immigrants, Arlington, VA (2010)

PROGRAMS AND ORGANIZATIONAL EXPERIENCE

Global Environmental Health LAB, Myanmar, Indonesia, United States 2015 - present
Co-Founder, Director of Programs and Operations: Develop and run research, scientific engagement, and capacity-building activities in Myanmar and Indonesia

Catholic Medical Mission Board (CMMB), New York, NY 2016-2018
Senior Specialist, Consultant: Designed tools, conducted needs/capacity assessments of health facilities and schools in Zambia, Kenya, Peru, Haiti, South Sudan. Developed collaborative programs for health systems strengthening (rotations for US medical residents)

Drexel University, Philadelphia, PA 2011 - 2015
Director Office of International Programs: Directed international education and research initiatives. Managed \$8.5 million budget and operations (offices, research center in China, internal seed funding and award programs)

Nationalities Service Center, Philadelphia, PA 2009-2011
Case Manager: Provided case management for refugees, including intake, needs assessment, and community planning. Conducted cultural orientation, trainings, and helped expand city services for newly arrived refugees

Global Rights: Partners for Justice, Washington, DC 2008 - 2011
Project Coordinator / Consultant: Conducted research and wrote reports and guides on conflict-affected populations and NGO engagement with UN mechanisms.

Tahoe SAFE Alliance, North Lake Tahoe, CA/NV 2007
Legal Advocate: Conducted legal advocacy for survivors of domestic violence, sexual assault, and child abuse with an emphasis on immigrant survivors.

HONORS AND AWARDS

2020-2021 UCLA Graduate Division: Graduate Research Mentorship Fellowship
2020 UCLA Graduate Division: Graduate Summer Research Mentorship Fellowship
2020 Fielding School of Public Health: Samuel J. Tibbitts Award for Academic Excellence
2020-2021 UCLA: Eugene and Sallyann Fama Fellowship
2020 Center for the Study of Women, UCLA Travel Grant
2018-2020 Agency for Healthcare Research and Quality (AHRQ): Los Angeles Area Health
 Services Research Training Program Fellowship
2007-2009 *American University*: Brady Tyson Award for Excellence in Human Rights; Master's
 Comprehensive Exam, Distinction and Academic Honors
1999-2003 *University of California, Berkeley*: Academic All American, Distinction in General
 Scholarship; Class of 1938 Chet Carlisle Memorial Alumni Scholar; Carol
 Holleuffer Alumni Scholar; Sierra Club Award; California Alumni Scholarship;
 Roy D. Sifford Scholarship; Monticola Club Hazel Bronson Memorial Scholarship;
 Xerox Award in the Social Sciences

SERVICE

2021 Health Education Journal – Peer Reviewer
2020- present American Public Health Association: Abstract Reviewer
2020- present UCLA Public Health Scholars Training Program: Reviewer
2020 UCLA HPM EDI Planning Committee Member
2019- present UCLA HPM Department Admissions Ambassador
2019 UCLA Public Health Scholars Training Program: Presenter
2008- present US Human Rights Network: UN Treaties shadow report contributor
2011-2015 Drexel University internal review boards: NSF PIRE, Fulbright Fellowship,
 Boren Fellowship, International Travel Awards
2013 Consortium of Universities for Global Health Annual Conference Reviewer
2010-2011 Nationalities Service Center: Lead for Community Safety and South Philly
 Community Partnerships working groups

AFFILIATIONS AND MEMBERSHIPS

2020-present Academy Health
2019-present Population Association of America
2019-present California Center for Population Research
2018-present UCLA Center for Study of International Migration
2018-present UCLA Migration Working Group
2015-present United Nations Association (executive board member)
2015-present American Public Health Association
2011-present UN International Day of Peace NGO Committee
2016 PMD Pro Project Management Certification
2009 Initiative for Inclusive Security: Gender & Post-Conflict Reconstruction trainee