

HPM 100: Health Systems and Health Policy – Spring 2022

SCHEDULE OF LECTURES AND READING ASSIGNMENTS

Lectures: Mondays and Wednesdays, 2:00pm-3:50pm | Room 43-105A CHS

Professor: Burt Cowgill, PhD bcowgill@ucla.edu

Discussion Sections:

Thursday (1A), 12:00pm-12:50pm | Room 33-105A CHS

Thursday (1B), 12:00pm-12:50pm | Room 51-279 Public Health

Thursday (1C), 4:00pm-4:50pm | Room 41-268 Public Health

Teaching Assistants:

1A - Teresa Duff – TeresaADuff@gmail.com

1B - Michelle Tabajonda – Mtabajonda@g.ucla.edu

1C – Jack Tyndall - jacktyndall@g.ucla.edu

Course Website: www.ccle.ucla.edu

Course Description: This course provides a survey of health policy and management, a multi-disciplinary field of inquiry and practice concerned with the delivery, quality and costs of health care for individuals and populations. The course is designed to give students a basic understanding of American health care organization, financing and policy. We will begin by considering the evolution of public and private health services, including the economic, political, social and historical underpinnings of the US health care system, and the individual and social factors that influence health care utilization, including how and why people access health care. Next, we will examine national health care expenditures and the organization and financing of private and public insurance. We will then consider the roles of different providers in the health care system, including hospitals, long term care facilities, nurses and physicians. Finally, we will explore the trends and forces shaping the future direction of the US health services delivery system, including the current health care policy reform debate at the state and national levels.

Course Competencies: Students will be expected to develop a basic familiarity with the following concepts and their use in health policy and practice discussions.

Course Learning Objectives
1. Describe the history and evolution of the US healthcare system into the fragmented delivery system that exists today.
2. Define access to health care using the Andersen Model by relating contextual characteristics, individual characteristics, and health behaviors to outcomes.
3. Explain methods of advancing and promoting population health through health promotion and disease prevention strategies.
4. Discuss the basics of the US healthcare system's costs and financing and compare to international experiences with healthcare cost and cost containment.
5. Understand the roles of public and private health insurance in the United States.
6. Describe past and present trends in hospital and ambulatory care costs and utilization and their related health professions.
7. Apply an understanding of disparities in health status and health care utilization in the US.
8. Discuss the policy process at the state and federal level for establishing the laws and regulations that govern the US healthcare system.
9. Understand how quality is perceived and measured in the US healthcare system from the perspective of the patient, provider, and payor.
10. Understand the history of health care reform in the United States, including current and future implications of the Affordable Care Act.

Course Requirements and Grading: Student performance in this course will be evaluated by:

1. Participation in class discussions. Students must be prepared to comment on readings as they relate to the lecture and present an informed viewpoint on issues arising in Lecture and/or Discussion Section. (5%)
2. One-page brief on the impact COVID-19 has had on health care access or delivery in the United States. (5%)
3. One-page brief on a health equity topic of your choice drawn from a current article of your choosing, e.g., racial/ethnic differences in birth outcomes, urban/rural differences in access to specialty care, LGBTQ+ health care access. (5%)
4. One-page brief on a current health policy issue identified in popular media, e.g., prescription drug costs, Medicaid expansion, social determinants of health, coverage of undocumented populations. (5%)
5. Group project. Students will form groups of approximately 5 students from your Discussion section and produce an 8-10 page report on a problem in the United States Health Care system and offer solutions to the problem. Groups will also conduct a 10-minute presentation in class with 5 minutes for Q&A on their report. One-page literature review (5%), Written report (25%), Oral report (10%), Peer evaluation (5%). See handout on CCLE for more details on the group project.
6. Midterm Examination, including multiple choice and short-essay questions (35%).
7. HCI Celebration: May 2X, time TBD (4-6pm), Kerckhoff Grand Salon and Courtyard. Attend and earn 2 extra credit points on your midterm.

Note: Additional details on the above assignments are posted on the course CCLE website.

Required Readings:

1. The required text is Kominski GF. *Changing the U.S. Health Care System: Key Issues in Health Services Policy and Management*, 4th ed., San Francisco, CA: Jossey-Bass, 2014. Available from the UCLA Health Sciences bookstore. ISBN 978-1-118-12891-6. A digital copy will also be available through the UCLA library services.

You will need to be connected to UCLA through the BOL VPN service. Go to:

<https://catalog.library.ucla.edu/vwebv/holdingsInfo?bibId=7708713>

If you have not set up the BOL VPN, here is the page with both downloads for your PCs/Macs and instructions.

<https://www.it.ucla.edu/it-support-center/services/virtual-private-network-vpn-clients>

2. Other readings, including journal articles, book chapters, newspaper articles and policy briefs, may be assigned and will be made available on the class website

Readings are subject to change—please check the course website at least once a week.

3. Students are encouraged to subscribe to CaliforniaHealthline – a daily listserv that summarizes the current headlines related to local, state, and national health care news, policy, and opinion. Go to: <http://www.californiahealthline.org/>.

Office Hours:

Dr. Cowgill's office hours are by appointment and held at A2-125 CHS or via Zoom.

Office hours for TA's:

Teresa: Thursdays 1:00pm – 2:00pm

Jack: By Appointment

Michelle: Thursdays 3:00pm – 4:00pm

Additional Information:

Students needing academic accommodations based on a disability should contact the Center for Accessible Education (CAE) at (310) 825-1501 or in person at Murphy Hall A255. When possible, students should contact the CAE within the first two weeks of the term as reasonable notice is needed to coordinate accommodations. For more information visit www.cae.ucla.edu.

Nickey Woods
Center for Accessible Education
A255 Murphy Hall
Phone: (310) 825-1501
TTY / TTD: (310) 206-6083
Fax: (310) 825-9656

UCLA's Office for Equity, Diversity, and Inclusion provides resources, events, and information about current initiatives at UCLA to support equality for all members of the UCLA community. I hope that you will communicate with me or your TA if you experience anything in this course that does not support an inclusive environment, and you can also report any incidents you may witness or experience on campus to the Office of Equity, Diversity, and Inclusion on their website (<https://equity.ucla.edu/>).

Course Schedule:

Week 1

Monday, March 28th

Topic: Course Introduction and Overview
Speaker: Cowgill

Reading(s): Changing the US Health Care System, Introduction and Overview

Wednesday, March 30th

Topic: Historical Development of the U.S. Health Care System
Speaker: Cowgill

Reading(s): Blumenthal D. Employer-sponsored health insurance in the United States – origins and implications. *New England Journal of Medicine*. 2006;355(1):82-88.

Williams SJ and Torrens PR. *Introduction to Health Services*, 7th edition, Clifton Park, NY: Delmar, Cengage Learning, 2008. Chapter 1.

Prompt: Come to lecture prepared to discuss whether the United States is entering a 5th Era of its health care system – per the Williams and Torrens Reading. Consider the 4 domains discussed in the chapter.

Week 2

Monday, April 4th

Topic: Health Promotion and Disease Prevention
Speaker: Cowgill

Reading(s): Mays GP and Smith SA. Evidence links increases in public health spending to declines in preventable deaths. *Health Affairs*. August 2011; 30(8):1-9.

Opel DJ, Omer, SB. Measles, Mandates, and Making Vaccination the Default Option. *JAMA Pediatrics*. 2015;169(4):303-304.

Changing the U.S. Health Care System, Ch. 22 pp.685-689.

Wednesday, April 6th

Topic: Health Care Access/Comparing International Health Care Systems

Speaker: Cowgill

Readings: Changing the US Health Care System, Chapter 2.

Schneider EC, et al. Mirror, Mirror 2021: Reflecting Poorly: Health Care in the U.S. Compared to Other High-Income Countries. Commonwealth Fund, August 2021.

Thursday, April 7th

Due: Group Topics

Your group should be formed and topic submitted to your TA by your Discussion section this week.

Week 3

Monday, April 11th

Topic: US Health Care Costs and Financing

Speaker: Cowgill

Reading(s): Changing the U.S. Health Care System, Chapters 8 and 9

Wednesday, April 13th

Topic: Care Delivery: Hospitals, Doctors, and Nurses

Speaker: Cowgill

Reading(s): American Association of Colleges of Nursing. Nursing Shortage Fact Sheet. Updated September 2020.

Zhang X, Lin D, Pforsich H, Lin V. Physician Workforce in the United States of America: Forecasting Nationwide Shortages. (2020). Human Resources for Health; 18:8, 1-9.

A prescription for the future: How hospitals could be rebuilt, better than before. The Economist. April 8, 2017.

https://www.youtube.com/watch?v=u1-MFo7_n-Y (PBS News - telemedicine)

Week 4

Monday, April 18th

Topic: Health Insurance – Public and Private Perspectives

Speaker: Cowgill

Reading(s): Changing the US Health Care System, Chapters 6 and 7

Sommers BD, Grabowski DC. What is Medicaid? More than meets the eye. JAMA, 2017; 318(8): 695-696.

Wednesday, April 20th

Topic: Medicare – Then and Now

Speaker: Cowgill

Reading(s): Changing the US Health Care System, Ch. 21

Thursday, April 21st

Due: One-page literature review on group project topic

Week 5

Monday, April 25th

Topic: Pharmaceutical Economics and Policy

Speaker: Cowgill

Reading(s): Changing the US Health Care System, Chapter 10

Kesselheim AS, Avorn J, Sarpatwari A. The high cost of prescription drugs in the United States: Origins and prospects for reform. JAMA, 2016; 316(8): 858-871.

Topic: The Impact of COVID-19 on the US Health Care System

Speaker: Cowgill

Reading(s): Mehrotra A, Wang B, Snyder G. Telemedicine: What should the post-pandemic regulatory and payment landscape look like? Issue Brief from the Commonwealth Fund. August 2020. Pages 1-9.

Lopez L, Hart LH, Katz MH. Racial and ethnic disparities related to COVID-19. Viewpoint in JAMA. January, 2021.

Prompt: During the second hour of lecture, students will be invited to discuss the content of their COVID-19 Brief with the class.

Due: **COVID-19 Brief**

Wednesday, April 27th

Topic: Disparities in Health Status and Health Care in the United States

Speaker: Glenn

Reading(s):

Changing the US Health Care System, Chapters 3 and 4

Week 6

Monday, May 2nd

Topic: The Basics of Health Policy in the US and Discussion about Single Payer Approach

Speaker: Cowgill

Reading(s): Liu JL and Brook RH. What is single-payer health care? A review of definitions and proposals in the U.S. Journal of General Internal Medicine. 2017; 32(7): 822-831.

Wednesday, May 4th

Topic: Health Care Quality – Outcomes, Evaluation, and Public Information

Speaker: Cowgill

Reading(s): Changing the US Healthcare System, Chapters 11-13

Week 7

Monday, May 9th Midterm

Wednesday, May 11th

Topic: Long-term Care

Speaker: Cowgill

Reading(s): Changing the US Health Care System, Ch 16

Ortman JM, Velkoff VA, Hogan H. An Aging Population: The Older Population in the United States. Population Estimates and Projections. Current Population Reports from the U.S. Census Bureau. May, 2014.

Topic: MPH Student Career Panel

Speakers: Outgoing MPH Students from Health Policy and Management Tracks

Week 8

Monday, May 16th

Topic: Improving Health Equity in the US Health Care System

Speaker: Cowgill

Reading(s): Bailey et al, Structural racism and health inequities in the USA: evidence and interventions. Lancet, 2017

Interlandi J. Why doesn't the United States have universal health care? The answer has everything to do with race. The New York Times Magazine, The 1619 Project. August 14, 2019.

Ortega AN, Roby DH. "Ending Structural Racism in the US Health Care System to Eliminate Health Care Inequities." JAMA. 2021;326(7):613-615.

Prompt: During the second hour of lecture, students will be invited to discuss the topic of their Health Equity Briefs with the class

Due: Health Equity Briefs

Wednesday, May 18th

Topic: Health Reform and the Affordable Care Act

Speaker: Cowgill

Reading(s): Changing the US Health Care System, Chapter 1

Obama, B. 2016. "United States Health Care Reform: Progress to Date and Next Steps."
JAMA. 315 (5): Pp525-532.

Week 9

Monday, May 23rd

Topic: Oral Reports

Wednesday, May 25th

Topic: Oral Reports

Thursday, May 26th

Due: Health Policy Briefs

Week 10

Monday, May 30th **Memorial Day – No Class**

Wednesday, June 1st

Topic: Oral Reports

Thursday, June 2nd

Due: Final Written Reports